

# Pinky Silverberg Boxing Club



Sponsored By Mayor, Dave Cassetti  
Presents

## “Young Gloves” Youth Boxing Program Open to ALL Valley Residents Ages 6-13



**Classes start Sept. 7th and are held every Thursday 4:30pm to 5:30pm**

Boxing is fun and exciting and keeps kids fit and active. This supervised program allows children to learn the fundamentals and train like a boxer. It's a fun and energetic approach to physical fitness in a fun and safe environment. This means that you can be sure of your child's safety and well being. Program concludes with the kids participating in our fourth annual Pinky Silverberg Boxing Tournament, which is a supervised tournament in an official boxing ring! There will be individual trophies and an official CT Amateur Boxing card to follow on November 11th.

- Students will be grouped according to age
- Kids will learn the basics of boxing
- Develop confidence, coordination and skill.
- Develop discipline and work ethics.

workouts include: sparring, speed bag, heavy bag, jump rope and various forms of aerobic exercises

**Cost \$50 per student. All Equipment Provided**  
*Students are required to wear shirts, shorts and sneakers*

**Registration: Saturday, September 2<sup>nd</sup>, 10am - 1pm  
at the Ansonia Armory, 5 State Street, Ansonia**

***For questions contact Mayors office at: 203 736-5900***

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## “Young Gloves”

Youth Boxing Program  
Open to ALL Valley Residents!

Ages 6-13

Sponsored By

**ORTIZ  
BOXING  
GYM**  
Bridgeport

**Cost \$50 per student. All Equipment Provided\***

*Students are required to wear shirts, shorts and sneakers*

*\* equipment includes new mouth guard, head gear, gloves*

Child's First name \_\_\_\_\_ Last \_\_\_\_\_

Age: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_ City/Town \_\_\_\_\_

Emergency contact number: \_\_\_\_\_ Cell Phone \_\_\_\_\_

e-mail address: \_\_\_\_\_

Payment Method : Check  Money Order

### WAIVER/RELEASE AGREEMENT

I understand that there are risks and dangers inherent in participating and/or receiving instruction in Boxing and/or in use of the fitness equipment in the Armory. I also understand that in order to be allowed to participate and/or receive instruction in Boxing and/or in use of the fitness equipment

I must give up my rights to hold the Pinky Silverberg Boxing Club, The Young Gloves program, its instructors, agents, host, sponsors liable for any injury or damage which my child may suffer while participating and/or receiving for any injury or damage which my child may suffer while participating and/or receiving instruction in Boxing and/or in the use of the fitness equipment in facility.

Knowing this, I hereby voluntarily release Pinky Silverberg Boxing Club and all above mentioned entities from any and all liability resulting from or arising out of my child's participation and/or receipt of instruction in Boxing and in use of the fitness equipment in the facility.

I understand and agree that this Waiver/Release applies to personal injury which my child may suffer, even if caused by the acts or omissions of others. I understand and agree that by signing this Waiver/Release. I am assuming full responsibility for any and all risk of personal injury suffered by my child while participating in this program

I understand and agree that this Waiver/Release will be binding on me, my spouse

Parent or Guardian's name: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_